

HAIL TO THE KALE DRESSING



INGREDIENTS

- 1 cup raw almond butter (unsweetened and unsalted) *
- 1 cup coconut water
- ¼ cup fresh lime juice and zest
- 2 cloves garlic
- Fresh, peeled ginger (approx. 1" or ½ ounce)
- 2 Tbs. low sodium tamari
- 4 pitted dates (soaked in water if not soft)
- ½ tsp. red pepper flakes **

** I used a combination of almond and cashew butter*

*** I used ¼ tsp. since I served it to children*

Place all ingredients in the blender (I used my Vitamix) and blend until smooth.