

APPLE PIE INFUSED PECANS



INGREDIENTS

2 cups pecans
3 cups fresh squeezed apple juice
1 cup crock pot applesauce OR apple juice concentrate*
1 Tbs. honey or agave syrup
1 tsp cinnamon
½ tsp allspice

**to make this recipe completely raw, you can either eliminate the applesauce or add date paste for sweetness*

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Blend the fresh squeezed apple juice, applesauce, honey, cinnamon, and allspice in a high speed blender.

Place the pecans in a large Glasslock™ container and cover with the apple juice mixture. Allow the pecans to soak overnight in the refrigerator.

In the morning pour the pecans into a colander and rinse them.

Place the soaked pecans on a mesh dehydrator tray (not a Teflex sheet) and dehydrate at 115 ° for 6-8 hours. To ease clean-up, I place a Teflex sheet on the tray below the pecans so it can catch any drips.